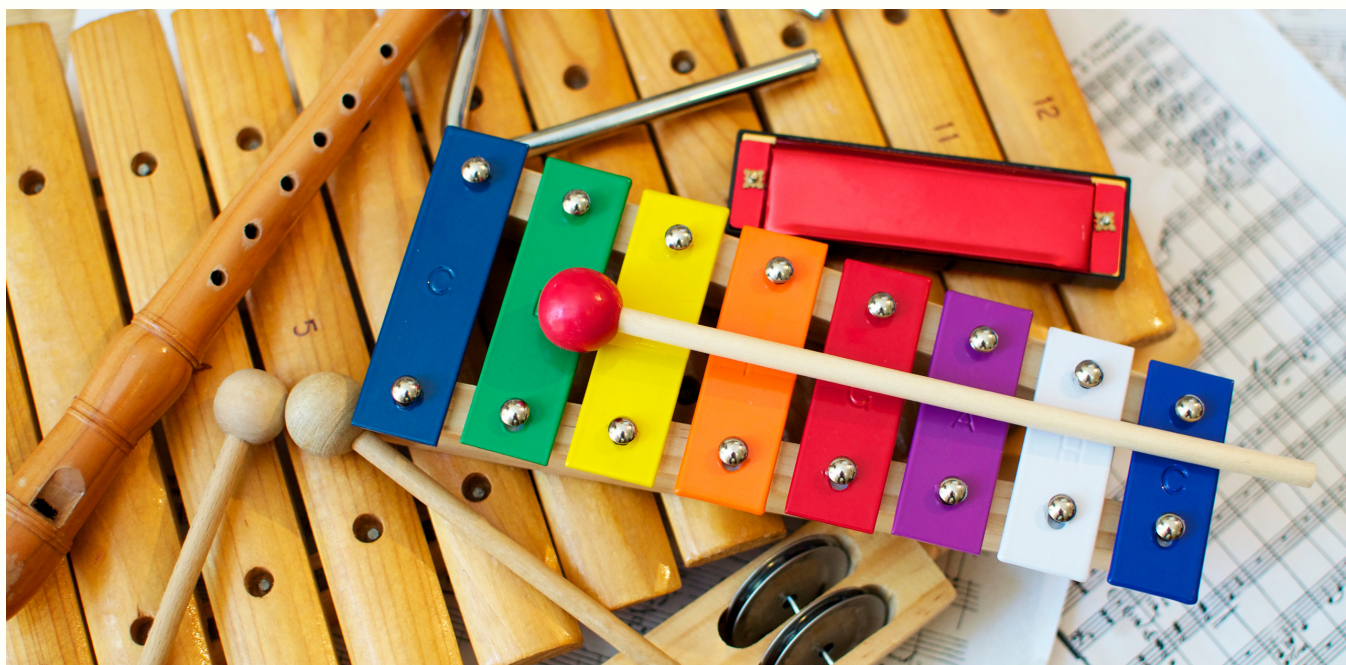


MUSICALLY SPEAKING

Music To Grow On's Monthly Newsletter



Upcoming Event: Our Annual Winter Recital!

Come one, come all as we celebrate the passion and dedication of those who have chosen to perform in our annual winter recital!

Saturday, December 4th, 10:30AM
Fremont Presbyterian Church
5770 Carlson Dr, Sacramento, CA 95819

Anyone is welcome to attend in support of our clients and students. Light refreshments will be served. The recital should last approximately one hour.



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UPCOMING EVENTS:

**OUR ANNUAL
WINTER RECITAL!**

**STAFF SPOTLIGHT:
KAITLYN MCEOWEN**

**HIGHLIGHTS FROM
OUR BLOG**

CHECK US OUT ON
SOCIAL MEDIA!





Staff Spotlight: Kaitlyn McEowen

This month we are celebrating Kaitlyn McEowen (she/her/hers) who joined the MTGO team in September 2018 after completing her internship here! Kaitlyn earned her B.A. in Music Therapy at the University of Iowa with an emphasis in vocal performance. One of her favorite things about being a music therapist is making a difference in her community through the use of music. In her free time, she loves to tend to her plants, try out new recipes, and hang out with her furry feline friend, Bruce! Click [here](#) or her photo on the left to read more about Kaitlyn or any one of our amazing staff members!

Blog Highlights

New posts published monthly! Click on any of the links below to go directly to that post on our website, or click [here](#) or the image on the right to see all posts.

Music to Give Thanks

- Explore some fun and engaging activities to use with kids and adults to celebrate the people and things in their life that they're grateful for!

Adaptive Lessons Part 1: Guitar

- Everyone can create great sounding music if they find the right way! Music is a universal language to express our emotions and to communicate with others. With simple adaptations, we can make and perform music no matter age, disability, or impairment.

